



ROXBURGH PARK PRIMARY SCHOOL No.5485

SUNSMART POLICY

Rationale

Our SunSmart Policy has been developed to ensure that all students and staff who attend Roxburgh Park Primary School are protected from skin damage caused by the harmful ultraviolet rays of the sun. Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school.

The policy is to be implemented from the beginning of September to the end of April – UV radiation is most intense in Victoria from the start of September to the end of April, especially between 10am to 2pm (11am to 3 pm during daylight saving).

Aims

- SunSmart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels and also followed through as part of the classroom curriculum.
- The school newsletter, school assemblies and parent meetings will be used to highlight and reinforce the SunSmart policy.
- Work towards increasing the number of shelters and trees so as to provide shade in the school grounds.
- To educate students as to suitable SunSmart protection strategies. These include:

From September, when the UV Index is 3 and above:

Slip on sun-protective clothing

Slop on SPF30+, broad spectrum, water resistant sunscreen – put it on 20 minutes before you go outdoors and every two hours afterwards

Slap on a hat – that protects your face, head, neck and ears

Seek shade

Slide on some sunglasses - make sure they meet Australian Standards.

However from May 1st until August 31st:

It is important to maintain vitamin D Levels

Vitamin D is naturally created by the body when skin is exposed directly to the sun

Low UV Levels (1 or 2) do not normally require sun protection measures.

Implementation

- Children will be required to wear from the start of September to the end of April whenever they are outside. These allowed hats are as follows:
 - Cancer Council Victoria approved close-weave broad brimmed hats (at least 8 cm rigid brim) for **Grades Preps – Grade 2**
 - Cancer Council Victoria approved Play Safe bucket hat (8 cm ridge brim) **Grades 3 – 6 ONLY**
- Children without broad brimmed hats are restricted play in designated shaded areas.
- Staff will act as role models by also wearing broad brimmed hats when outside.
- Parents will be encouraged to act as role models by practicing SunSmart behaviours.
- Children will be actively encouraged to wear a broad spectrum water resistant sunscreen (SPF30+).



ROXBURGH PARK PRIMARY SCHOOL No.5485

SUNSMART POLICY

Implementation Continued....

- Children will be encouraged to use available areas of shade for outdoor activities.
- Children and staff will be encouraged to wear close fitting sunglasses that cover as much eye area as possible.
- Sun protective clothing is included in our school uniform / dress code and sports uniform. School clothing is made of close weave fabric and includes shirts with collars and longer sleeves, longer style dresses and shorts.
- Schedule outdoor activities before 11 am and after 3 pm daylight saving time (10 am and 2 pm other times) whenever possible.
- The school council will work toward providing adequate shade structures for students as practicable; particularly over high density play areas such as sand pits and play equipment.
- Provide sun protective clothing as part of our school uniform.
- Ensure the SunSmart policy is reflected in the planning of all outdoor events (eg. Camps, excursions, sporting events).
- Our school will seek participation as a SunSmart school at The Cancer Council Victoria.
- Assemblies will be held in the gymnasium out of the sun.

Evaluation

- Our school will seek participation as a SunSmart school at The Cancer Council of Victoria.
- This policy will be reviewed by all staff and school council committee each year to review the behaviour of all students, staff, parents and visitors and make recommendations for improvement.
- Update and promote curriculum material relevant to SunSmart activities.
- Next Policy review is October 18th 2011

This policy was last ratified by School Council on – Monday 18th October 2010

Reference: SOTF Reference Guide – 4.5.11, Exec Memo No 99/039, Anti-Cancer Council of Victoria

ROXBURGH PARK PRIMARY SCHOOL

UNIFORM

Rationale

The wearing of school uniform supports and enhances school spirit and pride and encourages a sense of shared community. It provides dress codes that are clear and easily embraced by all. It directs students to wearing clothing that is practical, affordable and suitable for the school's curriculum. School uniform contributes to the maintenance of a positive school tone.

Aims

- To promote equality amongst all students.
- To clearly specify acceptable dress standards for all students.
- To further develop a sense of pride in, and identification with our school.
- To provide durable clothing that is affordable and practical for our school environment.
- To maintain and enhance the positive image of the school in the community.

Implementation

- After consultation with the school community and the Student Representative Council, School Council has developed a Dress Code that is affordable and practical and allows for students to engage in the many varied school activities.
- The Dress Code applies during school hours, while travelling to and from school, and when students are on school excursions.
- Summer and Winter uniforms, as well as a sports uniform will be prescribed, and are required to be worn.

The uniform at Roxburgh Park Primary School is as follows:

Summer Uniform
<u>For girls and boys:</u>
Red polo shirt/t shirt (with logo)
Red windcheater or bomber jacket (with logo)
Navy blue pants or navy blue shorts
Sun Smart Hat
Sunglasses (that meet Sun Smart standards)- highly recommended
<u>For girls:</u>
Summer dress in blue and white check
Winter Uniform
<u>For girls and boys:</u>
Red polo shirts long/short sleeve (with logo)
Red windcheater or bomber jackets (with logo)
Plain navy blue pants
Sports Uniform
Girls – shorts, tracksuit pants or Netball skirts (with navy blue bike shorts/leggings underneath)
Boys – shorts, tracksuit pants

- The only acceptable jewellery are watches and stud earrings and sleepers worn in the ears
- Extreme hair colours (eg: green, pink or purple rinses) and/or extreme hairstyles (eg: spikes or mohawks) are not permitted.
- Other than clear nail polish, cosmetics may not be worn at school.
- The only hats wear that are acceptable are Sun Smart hats consistent with our Sun Smart policy and specified Sun Smart times. Hats are not to be worn inside.
- The wearing of sunglasses, that meet Sun Smart standards, are highly recommended for all children
- Open toed shoes or thongs are not acceptable.
- Shoes should be low heeled and either black/brown school shoes or running shoes.
- All items of clothing should be labelled clearly with the child's name.
- All parents and school staff will support the wearing of school uniform.
- The student Dress Code, including details of uniform items and places of purchase, will be published in the newsletter at the start of each year.
- School Council requires the Principal be responsible for implementation of the Dress Code in a manner consistent with the Student Code of Conduct.
- Parents seeking exemptions to the Dress Code due to religious beliefs, ethnic or cultural background, student disability, health condition or economic hardship must apply in writing to the Principal.

Evaluation

- This policy will be reviewed as part of the school's three year review cycle.

<i>This policy was last ratified by School Council on -</i>
